# PARKLANDS CAFE MENU

# AVAILABLE UNTIL 11:30AM

Ham & Cheese Croissant	\$9
Cheese and Tomato Toastie	\$7
<b>Breakfast Quiche</b> Eggs, bacon, shallot, mushroom, cream, cheddar	\$7
<b>Quiche Florentine</b> Eggs, spinach, cream, nutmeg, swiss cheese	\$7
Acai Bowl Organic acai berry served with cinnamon granola, mixed berries, seasonal fruit, passionfruit pulp chia seeds and organic honey	\$15
<b>Bacon and Egg Muffin</b> One free-range egg, streaky bacon, english muffin, your choice of tomato or BBQ sauce (GF option available)	\$7
<b>Bacon and Egg Roll</b> Two free-range eggs fried, streaky bacon on a cantina	\$11

Two free-range eggs fried, streaky bacon on a cantina long roll, your choice of tomato ketchup or BBQ sauce (GF option available) Add a regular size hot beverage for \$1

# **Smashed Avo**

Toasted turkish, feta, blistered tomato, poached egg, dukkah lemon wedge

# **Free-range Eggs Your Way**

Poached, fried or scrambled eggs with toast and a hash brown

# **Breakfast Burger**

Burger patty, caramelised onion, jack cheese, streaky bacon, fried egg easy over, brioche bun your choice of tomato ketchup, BBQ sauce aioli or hollandaise

# Eggs Bennedict

Two poached free-range eggs, streaky bacon (or smoked salmon) hollandaise sauce and wilted spinach, english muffins Add a regular size hot beverage for \$1

# **Chilli Prawn Omelette**

Marinated tiger prawns, chilli and garlic omelette on turkish with crispy shallot, shaved parmesan and sriracha aioli

Add a regular hot beverage for \$1

# **Vegetarian Breakfast**

\$13

Two free-range eggs (your way), grilled halloumi, sauteed mushroom, blistered tomato, wilted spinach, hash brown on Turkish Add a regular size hot beverage for \$1

\$13

\$12

# \$19

\$21

\$19

# The Big Breakfast

Two free-range eggs (fried, poached or scrambled), maple drizzled bacon, beef sausage, cremini mushrooms, field tomatoes, wilted spinach, hash brown and toast

Add a regular size hot beverage for \$1

# Hot Chips

\$6/\$11

Chicken salt, aioli, tomato ketchup or BBQ sauce

# **Potato Wedges**

Sour cream, sweet chili sauce

## **ADD SIDES**

Bacon or Avocado (GF) **Smoked Tasmanian Salmon** (GF) **Sauteed Mushrooms or Spinach** (GF, V) Hash Brown or Free-range Egg (GF, V)

KIDS MENU (15 and under) Scrambled Eggs on Toast **Fresh Fruit, Yogurt and Granola Chicken Nuggets & Chips** 

Tomato ketchup, bbg sauce

# \$23 \$13

\$5 \$6 \$4 \$3

